

When I am well

I have:

- No Wheeze
- No Spit/sputum
- No Shortness of breath
- No Cough

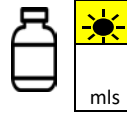
I am able to:

- Eat and drink well
- Take part in physical activity



My Treatment Plan

Antibiotics



Comments:

Puffers

Physiotherapy

When I am getting worse

I have:

- Cough increase
- More spit/sputum
- Potential wheeze
- Shortness of breath
- Fever

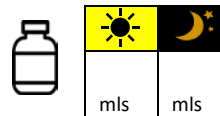
I have reduced:

- Physical activity
- Appetite



My Treatment Plan

Antibiotics: (Continue taking Green plan antibiotics and add)



Comments: Take for 14 days

Puffers

Physiotherapy

If not better in 14 days repeat 14 days of antibiotics. If worsening or have a persistent cough go to the RED plan

When my bronchiectasis is severe

I have:

- Worsening wet/persistent cough
- More spit/sputum (yellow/green)
- Increased work of breathing
- Increased tiredness
- Fever
- Very short of breath

I am unable to:

- Eat and drink well
- Take part in normal activity



My Treatment Plan

I need to see a Paediatrician or be admitted to hospital for IV antibiotics

My Child's Bronchiectasis Action Management Plan (BAMP)



NHMRC Centre of Research Excellence in Paediatric Bronchiectasis logo www.crelungs.org.au

Name:

DOB:

HRN:

Date:

My child has bronchiectasis in their:

- Left upper lobe Right upper lobe
 Lingula Right middle lobe
 Left Lower lobe Right lower lobe

My bronchiectasis is caused by:

Chest CT date:

Last Sputum/BAL result:

Result Date:

My Yearly Flu vaccination is due:

Clinic contact details

Dr:

Nurse:

Phone:

More resources available at <http://www.crelungs.org.au/resources> and [Child-BEAR-Net](http://www.childbear.net)

BAMP designed by Respiratory Research team (Menzies, Darwin) and Cough, Asthma, Airways Group (Queensland Uni of Technology)

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