Bronchiectasis Action Management Plan

When I am well
I have:
- No Wheeze
- No Spit/sputum
- No Shortness of breath
- No Cough

I am able to:
- Eat and drink well
- Take part in physical activity

My Treatment Plan
Antibiotics

Comments:

Puffers

Physiotherapy

When I am getting worse
I have:
- Cough increase
- More spit/sputum
- Potential wheeze
- Shortness of breath
- Fever

I have reduced:
- Physical activity
- Appetite

My Treatment Plan
Antibiotics: (Continue taking Green plan antibiotics and add)

Comments: Take for 14 days

Puffers

Physiotherapy

If not better in 14 days repeat 14 days of antibiotics. If worsening or have a persistent cough go to the RED plan

When my bronchiectasis is severe
I have:
- Worsening wet/persistent cough
- More spit/sputum (yellow/green)
- Increased work of breathing
- Increased tiredness
- Fever
- Very short of breath

I am unable to:
- Eat and drink well
- Take part in normal activity

My Treatment Plan

I need to see a Paediatrician or be admitted to hospital for IV antibiotics
My Child’s Bronchiectasis Action Management Plan (BAMP)

NHMRC Centre of Research Excellence in Paediatric Bronchiectasis logo www.crelungs.org.au

Name:  
DOB:  
HRN:  
Date:  

My child has bronchiectasis in their:
☐ Left upper lobe  ☐ Right upper lobe
☐ Lingula  ☐ Right middle lobe
☐ Left Lower lobe  ☐ Right lower lobe

My bronchiectasis is caused by:

Chest CT date:

Last Sputum/BAL result:

Result Date:

My Yearly Flu vaccination is due:

Clinic contact details

Dr:  
Nurse:  
Phone:  


BAMP designed by Respiratory Research team (Menzies, Darwin) and Cough, Asthma, Airways Group (Queensland Uni of Technology)

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