When I am well
I have:
- No Wheeze
- No Spit/sputum
- No Shortness of breath
- No Cough

I am able to:
- Eat and drink well
- Take part in physical activity

My Treatment Plan
Antibiotics

Puffers

Physiotherapy

When I am getting worse
I have:
- Cough increase
- More spit/sputum
- Potential wheeze
- Shortness of breath
- Fever

I have reduced:
- Physical activity
- Appetite

My Treatment Plan
Antibiotics: (Continue taking Green plan antibiotics and add)

Puffers

Physiotherapy

If not better in 14 days repeat 14 days of antibiotics. If worsening or have a persistent cough go to the RED plan

When my bronchiectasis is severe
I have:
- Worsening wet/persistent cough
- More spit/sputum (yellow/green)
- Increased work of breathing
- Increased tiredness
- Fever
- Very short of breath

I am unable to:
- Eat and drink well
- Take part in normal activity

My Treatment Plan

I need to see a Paediatrician or be admitted to hospital for IV antibiotics
My Child’s Bronchiectasis Action Management Plan (BAMP)

● Left upper lobe  ● Right upper lobe
● Lingula  ● Right middle lobe
● Left Lower lobe  ● Right lower lobe

My bronchiectasis is caused by:

HRCT date:

Last Sputum/BAL result:

Result Date:

My Yearly Flu vaccination is due:

Name:
DOB:
HRN:
Date:

Clinic contact details

Dr:  ........................................
Nurse: .....................................
Phone: .....................................

BAMP designed by Respiratory Research team (Menzies, Darwin) and Cough, Asthma, Airways Group (Queensland Uni of Technology)